

**OVERALL time: mins**

## **SPELT AND CARROT BURGER**

Metric

**Number of servings :**

### **ingredients**

### **THIS IS WHAT YOU WILL NEED TO DO**

**PREP TIME: mins | COOKING TIME: mins**

Recipe concept & photography by Lizet Hartley. Get more of her recipes on her blog at <http://www.melkkos-merlot.co.za>

<https://capeherb.co.za>

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